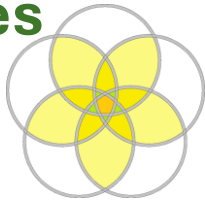


Changing Futures Cambridgeshire & Peterborough



Newsletter #12, Summer 2026

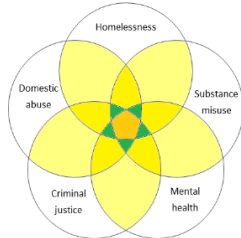
Welcome to our 12th newsletter. It's short & sweet with links (underlined) if you want to get more detail. Depending on your device you can click a link, or press 'Ctrl' and click.



What is Changing Futures?

Changing Futures is an ambitious programme where system partners work to transform how people facing multiple disadvantage are supported in Cambridgeshire & Peterborough.

People with lived experience are at the heart of the how the programme is shaped. For a catch-up on progress visit our web page [here](#), and all our previous Newsletters [here](#).



1 Multiple disadvantage: the 5 petals

Trusted Person Approaches: progress

In the past 6 months, *Changing Futures* focussed on promoting Trusted Person Approaches across Cambridgeshire and Peterborough. Working with statutory, voluntary and community partners the aim was to embed this trauma-informed, person-centred way of working into everyday practice, learning from what works on the ground. These approaches seek to

- reduce the need for people to repeatedly retell their story
- make sure individuals get the right help at the right time
- prevent people being turned away because they enter the system through the 'wrong door'.

Developed with people who've been through multiple disadvantage, the approach responds directly to the harm caused by fragmented systems, siloed working and a lack of trust in services. The work centred on building relationships, listening to partners and supporting services to recognise the trusted person principles they already use. It included workshops, meetings and one-to-one consultations with many teams, including

- Northstowe Health and Wellbeing Group
- Cambridge's Team Around the Person (TAP)
- Peterborough Community Champions Alliance
- Safer off the Streets
- Cambridge Finding Help Forum
- Fenland Rough Sleeper Team
- The East Cambridgeshire Wellness Hub.

Across all these settings partners had an appetite to work differently, to improve collaboration and provide more joined-up responses for people facing complex challenges.

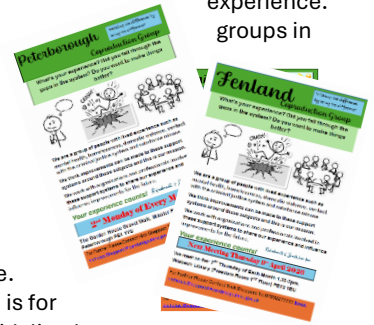
By the end of March more than 100 practitioners had taken part in learning sessions. Activity had started in Northstowe and with the Cambridge TAP, with updated practical resources to support implementation including clear guidance and FAQs, workshop materials and the *Sharing Well* guide to address data protection concerns (see the *Sharing Well* launch article).

Early outcomes show increased confidence, stronger relationships between services and signs of change in practice. Partners highlighted the need for ongoing support to embed the approaches, shared learning spaces to explore what does and does not work well, and senior buy-in to sustain momentum. Overall, the work demonstrates strong foundations for embedding Trusted Person approaches more widely, supporting long-term recovery and better outcomes.

Promoting Co-production

New co-production posters have been developed by people with lived experience. They are for co-production in Cambridge, Fenland and Peterborough - and a new website is being developed!

developed by experience groups in



And here's a new poster for the women-only Domestic Abuse and Sexual Violence (DASV) Coproduction forum in



Cambridge.

The forum is for women with lived experience of DASV. We'd love you to promote these sessions to people with lived experience who may like to be part of the systems change work. You can find all the posters [here](#). You can find out more about all these events from Claire

Claire.Thatcher@cambridgeshire.gov.uk or Nick Nicholas.Sheppard@cambridgeshire.gov.uk.

Changing Futures delivers workshop at national summit

Kyle and Tom, with colleagues from our partners from Cordis Bright, delivered a workshop on Measuring Impact in Complex Systems at the national multiple disadvantage summit in Birmingham on 12 May.

They outlined the Action Scales Model framework and talked about the benefits of assessing impact based on information that matters to the people we support.

There was significant interest in the room with numerous local areas asking for further details to consider how they might use the work we have developed. The Ministry of Housing, Communities and Local Government also showed interest and will be visiting us later in the year to find out more.

We continue to learn how to apply the framework which can be found [here](#).



Fenland Multiple Disadvantage Forum

The second Fenland Multiple Disadvantage Forum (MDF) took place in March. It was very well attended with representation from the mental health trust, CGL, Fenland District Council, WorkWell, the domestic abuse advisor team, P3, Housing First and the Dual Diagnosis team.

The forum provides a safe and constructive space for partners to bring complex cases where progress had stalled and professionals were unsure of the next steps. Through collaborative discussion, agencies draw on each other's expertise to problem solve, challenge assumptions and identify practical options for moving cases forward where services had previously become stuck.

Feedback from attendees was overwhelmingly positive, with participants describing the session as exactly what was needed: to pause, reflect and find solutions for some of the most

complex and entrenched cases they are working with. There was strong appetite to continue and build on this momentum.

MDFs are also taking place regularly in Peterborough, East Cambs and Cambridge. If you are interested in learning more please contact us or follow this [link](#).

Kyle's System Spotlight

We are launching a new feature "Kyle's System Spotlight". This is a blog looking at how understanding systems can be central to us working together to help prevent or overcome multiple disadvantage; and inviting your thoughts, comments and input. Kyle will regularly blog, exploring issues and barriers facing us in our many different contexts: work, home, health, social... for example. Please do raise questions and discuss points with Kyle, this gives us a chance to build our understanding together.



"It's impossible to approach anything with perfect indifference."

The first blog is about perspectives and how important it is to appreciate our own, and other peoples' perspectives, if we are to overcome multiple disadvantage together. Click [here](#) to read!

Rozanne's experiences make an impact

DASV Co-production Facilitator Claire, first met Rozanne through the Angel's Foundation when Rozanne was fighting to find support for her children after domestic abuse. She spoke openly about recognising the abuse, the struggle to access help and how the Family Court process prolonging the harm. Rozanne developed an account with Claire that shared at the Peterborough and Cambridgeshire Children's Safeguarding Board Conference, highlighting the realities faced by survivors and their children. Here's Rozanne's feedback on this experience "Attending the conference was an honour and I am so grateful to all the attendees. It was a serious subject, contributions heard were hard-hitting and upsetting.

Hearing my feedback read aloud was both surreal and deeply moving. My lived experiences were dismissed by so many, so to feel genuine acceptance from such an engaged and invested audience was incredibly reassuring. It reminded me that meaningful change is not only needed — it is possible.

I shared my story with a simple hope: that one person might leave with a better understanding of the complex realities faced by individuals and children rebuilding their lives after abuse. This includes recognising the challenges of supporting children, particularly in situations involving court-ordered contact, where the emotional and practical difficulties can be profound.

Opportunities like this conference matter. They help bring hidden experiences into the open, encourage understanding, and support better outcomes for families. I will always value the chance to contribute, because knowledge is power — and abuse too often hides in silence."

Garry helps 'safer off the streets'

Garry joined a panel session in a Safer Off The Streets quarterly workshop special on helping to reduce reoffending. The panel discussion offered insights into the issues and some of the schemes and innovations available. Garry reminded us that the best laid plans need to work for those using them and communicating to and with people was vital.



Progress on "Convening with Purpose"

Following two Convening with Purpose workshops, the people involved are exploring work with new partners on how to achieve the changes that participants identified as necessary for a more connected, cohesive and successful system.

If you want to be involved, please contact [Kyle Buckle-Hodgson](#)

"Sharing Well" launch

Changing Futures launched "Sharing Well - A guide to sharing and receiving information to assist individuals who seek our help" at the National Multiple Disadvantages summit, hosted by MEAM in May.

Produced by the Cambridgeshire & Peterborough Information Governance team, it will support practitioners in their daily interactions with other services, enabling barriers to be unpicked where possible.



2 Tom & Claire with the Sharing Well document

Matt Smith, Information Governance manager said "Confidence in making decisions around sharing information is a hugely important topic,



4 Matt Smith

not just for Councils but nationally too. Collaborating with Changing Futures on 'Sharing Well' has allowed us to understand the day-to-day doubts and blockers that make supporting service users more complicated than it needs to be. I hope the documents prove useful and act as a reminder that

support is available to help with these decisions when needed".

There is a one page version for practitioners 'on the go'. Please share this with anyone who may find it useful. We'd like feedback on it and on what else may help us work collaboratively. We may be able to host learning events to support partners to help us all use 'Sharing Well' in practice.



3 Always remember the What, Who and Why!

Link to [Sharing well](#) and [Sharing well on one page](#). A 'Sharing Well for Risk Owners' guide will be shared soon.

Co-production week: 29 June to 3 July

During the 2026 co-production week, Cambridge co-production group plans to launch their new [website](#), which has been built and is owned by the group. Well done to all involved!

All help to get news of the week shared as widely as possible would be most welcome – please get in touch with the team if you can help.

Alex's leave to remain story: From a place of hardship to a future

Changing Futures started working with Alex in 2025. He had been living on the street since 2024 and did not have settled status yet. So he couldn't apply for benefits, had no home, had no food on his plate and could not access support.

Through collaboration with agencies and a strong commitment to supporting Alex, he has gone from having no legal status to being fully settled in the UK.

This life-changing outcome means he can safely build his future, access housing and most importantly live in stability. After a long period of instability, he can finally look ahead with confidence.

His story is a reminder of what is possible when people come together to make a real difference; turning uncertainty into security and hope. What once felt uncertain is now filled with possibilities, security and a renewed sense of purpose and belonging.