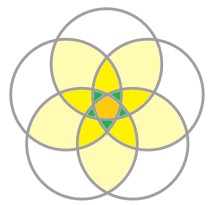


The trusted person approach



Changing Futures
Cambridge & Peterborough

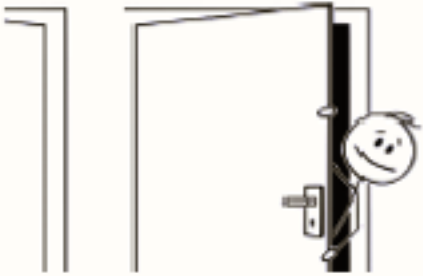


CRISIS

A person is stuck, and is struggling to get help from services

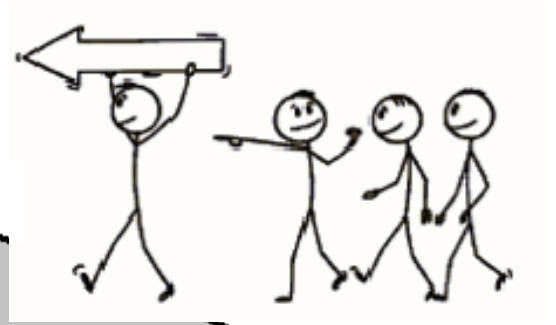


The person may already have someone they trust, but may still be facing barriers or be turned away from parts of the system they need to access



The person works with someone they trust to identify the support they need, and to tell their story to.

The trusted person can be a professional, a place they go to or someone else they know



The trusted person is empowered to make sure the information they receive reaches the parts of the system that need to hear it



The system responds to meet the person where they are at, and to make their path more straightforward



CONFIDENCE

The person is able to build relationships with more than just the one trusted person, and with parts of the system which now work in a way which meets their needs.

The person begins to trust more people in the system