The Trusted Person Approach

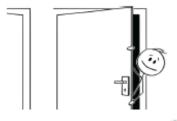


Changing Futures Cambridgeshire & Peterborough



CRISIS

A person is stuck and is struggling to get help from services.

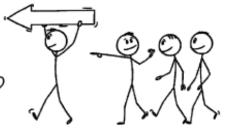


The person works with a Trusted Person to identify the support they need, and only tell their story once.

A trusted person could be a professional, a place they go to, or someone else they know.



The person may already be working with one or more trusted people, but still faces barriers or is turned away from parts of the system they need to access.



The Trusted Person is empowered to ensure the information they receive reaches the parts of the system that need to hear it.



The system responds to meet the individual where they are at and make their path more straightforward.



CONFIDENCE

The person is able to build relationships with more than one person, and with parts of the system that now work in a way which meets their needs.

They begin to trust more people in the system.