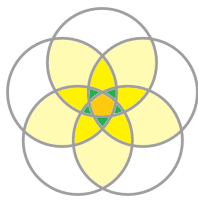


Changing Futures

Cambridgeshire & Peterborough

Newsletter #6 April 2024



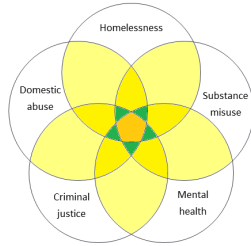
Welcome to our 6th newsletter — it's short & sweet with [links](#) to more detail. Depending on your device, either click a link, or press 'Ctrl' and click.



What is Changing Futures?

Changing Futures is an ambitious programme where system partners work to transform how people facing multiple disadvantage are supported in Cambridgeshire & Peterborough. People with lived experience are at the heart of the how the programme is shaped.

For a catch-up on progress and all our Newsletters visit our [webpages](#).



Multiple disadvantage: 5 petals

Coproduction

Ely - Our Voice

The Ely group has seen many positive developments. A great step forward in establishing the group is its decision to create a name for itself, and would like to be known as 'Our Voice'. They are exploring creating a page on Facebook and a WhatsApp group.

The group has been running for several months at The Lighthouse in Ely and is now looking to take the group to different trusted places. The next meeting on Monday **22nd April 11.30am—1.30pm at The Countess, Ely.**

Our Voice will look to prioritise their own theme focus on, and is working with Cambridge Coproduction group to explore the viability of container homes in Ely. Everyone is welcome to coproduction.

Peterborough



The Peterborough group has resumed with interest and enthusiasm, meeting in March and April. Having explored a number of areas, the group has decided to investigate

stigma and the impact of stigma in health settings in more detail. Check [here](#) soon for details of the next meeting.

Wisbech

We are expanding the coproduction offer to Wisbech - working with partners to create a space led by people with lived experience. The first meeting will be on **Wednesday 17th April, from 1200 noon to 1.30pm at Inspiration House, Wisbech.** All are welcome.

Cambridge



- The group is working with Cambridge Homeless Impact & Research Network (CHIRN), Cambridge Access Surgery and Addenbrookes to explore experiences when attending A&E. A first session looked at positives and negatives, what perfect might look like and who else needs to be involved.

Further sessions are planned with a wider group of stakeholders.

The next meeting is **1st May 1-3pm at St. Paul's Church, Cambridge.**

- A small group is exploring shipping containers as an option for emergency accommodation when nothing else is available to prevent someone rough sleeping that night. They have linked with Brighton where this is already happening to learn more.
- The Centre for Homelessness Impact is doing a 6-month project with the group bringing time, skills and resources to a project to make systems change. This partnership has met twice and will soon define where it would like to make change.

Everyone is welcome to coproduction. For information about the groups, please email joe.gilbert@cambridgeshire.gov.uk

New! DLUHC Evaluation of CF



A second Interim Evaluation Report of the Changing Futures was released by the DLUHC this month. Salient points include:

"There are early indications of positive outcomes in relation to participant health, safety, wellbeing, housing, and social connectedness."

"Enhanced lived experience involvement in commissioning has been reported to be one of Changing Futures' biggest system level impacts so far."

"The programme is seen to be providing the impetus and resource to raise greater awareness and buy-in for multiple disadvantage work amongst stakeholders, laying the foundations for better commissioning."

The Buddy System

The Cambridge coproduction group created the **Buddy System** as a simple way of ensuring people with lived experience fully contribute at decision-making groups and boards. You can read more about it [here](#). CF has been using it at our Systems Leadership meetings. It's been adopted by Cambridge Homelessness Charter meetings, led by It Takes A City, where 5 People with Lived Experience attend. The Cambs Criminal Justice Board Rehab and Resettlement Group are also looking to adopt it in the near future.



If you are part of a decision making group affecting people who face multiple disadvantage and would like greater representation from people with Lived Experience please get in touch if you would like to learn more.

Peterborough Change Forum

Peterborough Change Forum has been meeting regularly for more than a year. It's grown and developed in numbers attending, and in the understanding of and commitment to the need to approach barriers in a systemic way rather than continuing to work in vertical silos and looking for quick fixes.

Four active enquiries have come from this Forum:

- Information sharing in real time.
- People having to move on from most appropriate accommodation.
- Unplanned Friday releases from Court without access to opiate substitute medication.
- People of No Fixed Abode when entering police custody released without housing pathway.

Peterborough Change Forum meet next on **Friday 26th April at 1.30pm—3pm at The Garden Room, Peterborough.**

Healthcheck

At last! We can share our **Changing Futures Healthcheck** to help us assess peoples'

knowledge of Changing Futures. This will provide a baseline to measure progress against in future. It's open until **10th May 2024**. Here's the link: [What do you know about Changing Futures?](#) or you can scan the QR code above.

It should take 10—15 minutes to complete - there's plenty of space to add your thoughts. We want the Healthcheck to go far and wide so please do share the link with colleagues, people with lived experience and people you think might be interested but are not yet involved. Do get in touch if you'd like it on paper or in a different format using changing.futures@cambridgeshire.gov.uk

Systems Training & Peer Support

Kyle joined the team in February as the Systems Leadership, Learning and Development Manager. His role will take a systems approach to multiple disadvantage, building awareness and insight into the systems' complexity and develop infrastructure to navigate this complexity. At the heart of this work is the empowerment of stakeholders to drive system change, achieving better outcomes for those in multiple disadvantage.

A programme of systems leadership training will be rolled out in the coming months for people interested in developing their skills in systems thinking and practice.

Peer support for all systems change agents running enquiries is available regular meetings held at Cambridge Library. The next meeting is **1st May at 10.30am**. All are welcome.

Further opportunities will be created for stakeholders to come together and work on identifying system barriers and developing interventions. Kyle is contactable at kyle.buckle-hodgson@cambridgeshire.gov.uk.



System Leaders group

At the 18 January 2023 meeting, System Leaders looked at

- Good News using rich pictures.
- Good news from Lisa & Gary following the last systems leader group, followed by reflections from people with lived experience.
- Three case studies in groups.

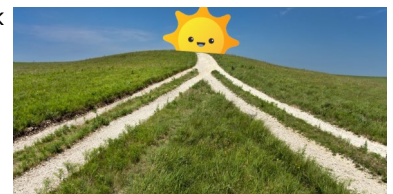
The group is next meeting on **Thursday 18th April** to focus on Commitments previously made and Trauma Informed approaches, and again on **Thursday 18th July 1pm-4pm** in Ely.



A more trauma informed system

The outputs from our previous meetings formed what has become known as **"the four pathways to the sun"**

- ◆ Form an alliance or network
- ◆ Make sure co-production is at the heart of the work
- ◆ Set up a framework for our trauma informed approach across the system
- ◆ Explore the staff support needed to implement.



Four pathways to the sun

You can find the workshop notes on this [MIRO board](#). A core group will be created to explore that outputs of the last workshop before bringing everyone together again this summer. A senior level Trauma Informed round-table meeting is scheduled for **May 2024**. It will be hosted by the Learning Disability, Mental Health and Autism partnership and Changing Futures and will seek a mandate at the highest level to continue this work. **To get involved, email the Changing Futures team.**

Trusted person approaches

Interest in these approaches developed by people with Lived experience continues with Changing Futures beginning to explore and work with Safer off the Streets in Peterborough, Co-occurring Conditions partnerships, Rough Sleeping Drug and Alcohol Treatment partnership, Streets to Home in Cambridge, Acorn Project, and newly emerging partnership in Wisbech to support this impactful work.

Get in touch...

You can now:

- E-mail the Changing Futures team at changing.futures@cambridgeshire.gov.uk
- Visit our Cambridgeshire Insight [web page](#).
- Visit the [Making Every Adult Matter](#) website.

