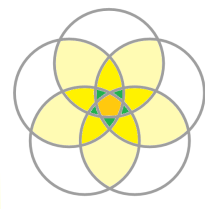


Changing Futures

Cambridgeshire & Peterborough

Newsletter #5 January 2024



Welcome to our 5th newsletter — it's short & sweet with [links](#) to more detail. Depending on your device, either click a link, or press 'Ctrl' and click.

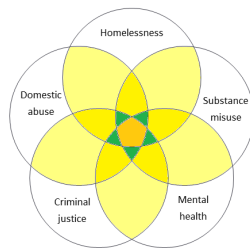


What is Changing Futures?

Changing Futures is an ambitious new programme involving partnership working to transform how people facing multiple disadvantage are supported in Cambridgeshire & Peterborough. People with lived experience are at the centre of directing the programme. For a catch-up on progress, you can find our newsletters at...

- Newsletter 1 (July 2022) [here](#).
- Newsletter 2 (October 2022) [here](#).
- Newsletter 3 (April 2023) [here](#).
- Newsletter 4 (Sept 2023) [here](#).

Please do share this note, and [e-mail](#) to get yourself on the mailing list!



Multiple disadvantage: 5 petals

Trusted person approach: news

We have been working with partner organisations to see if and how the Trusted Person approach can be spread beyond the *Changing Futures* team, where it's been in place for the past couple of years. We held a workshop in October 2023 with the *Streets to Homes* partnership based in Cambridge where partners explored the approach. You can find some materials from the day here. Next, a round-table meeting is being planned later in January 2024.

If you're interested in the approach or learning more please contact tom.tallon@cambridgeshire.gov.uk

Value of the changing futures approach is recognized

In 2023 consultants from Campbell Tickell published an evaluation of Rough Sleeper Drug and Alcohol Treatment Grant funding. You can find the report [here](#).

They noted that Making Every Adult Matter and Changing Futures are both "undertaking significant work on systems development across the Cambridge and Peterborough area in partnership with services and clients. This aims to deliver a system which brings together criminal justice, homelessness, domestic abuse, substance misuse and mental health around the lives of people with complex needs. The emerging model provides a useful map for a whole system to understand and analyze how it could work more effectively." Praise indeed!

Recruiting the team

Three new people are joining the Changing Futures team:

- **Joe**, our new Coproduction, Inclusion and Involvement Manager and **Jane** who is leading on Communications and Project Management; both joined in January
- **Kyle** who will be our Systems Leadership, Learning & Development manager who will be joining the team in Feb.

Welcome to the team, we look forward to getting your input and support on these key areas of the work locally!

Trauma Informed System workshops



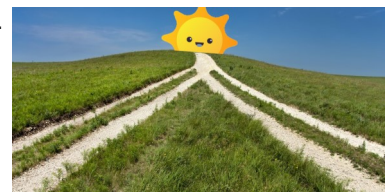
Workshop 2 in full swing

Our first Trauma Informed System workshop in July 2023 asked what do we mean by Trauma Informed Approaches, what are the barriers, what can we do and what should we consider?

From this, a series of smaller groups met to develop ideas into some short, medium and long term ambitions. These are:

- Forming an alliance or network
- Making sure co-production is at the heart of the work
- Setting up a framework on our trauma informed approach
- Staff support to implement.

At workshop 2 we called these four areas of work the four "pathways to the sun". The idea is that the four areas of work are all heading towards the same destination (a more trauma informed system) but some may progress more quickly than others, finding themselves at different "points" along each of the 4 roads at any one time. Workshop 2 asked:



Four pathways to the sun

Workshop 2 asked:

- What a local network could look like
- What people want from a local network
- What people in the room can commit to
- What is needed to make progress.

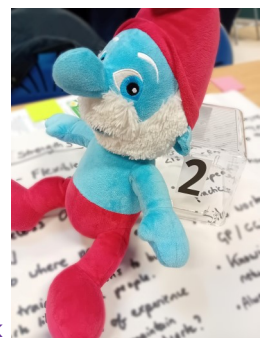
We are writing up all the work done at the workshop and will be bringing together small groups to work on the outputs, leading to taking the 4 areas forward.

You can view our work on this [whiteboard](#) (you may need to request access to this).

Please email

changing.futures@cambridgeshire.gov.uk

if you want to get involved.



One of the workshop mascots

Co-production & co-design update

This year the **Cambridge** co-production group is planning to start work with [Cambridge Homeless Impact Research Network](#) on

- Better experiences attending A&E
- Women and homelessness
- Mental health pathways.



The group also started work with the national [Centre for Homelessness Impact](#). A meeting in December '23 set an enquiry off which is in 'build' phase, so watch this space for developments.

In **Peterborough** the initial focus is on educating healthcare professionals around stigma faced by people with multiple disadvantage.



Centre for Homelessness Impact

The **East Cambs** group has met 4 times and is exploring issues.

We also hope to initiate some work with the Integrated Care System and other partners around Peer Researchers.

Joe is our new Coproduction, Inclusion and Involvement Manager and can be contacted at Joe.Gilbert@cambridgeshire.gov.uk. We want to reach more people with lived experience and people in organisations who want to be coproduction champions, so please do get in touch if this sounds like you.

Don't forget, you can still see the MIRO board for updates on all enquiries [here](#).



Systems Leadership programme

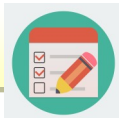
Five people from across the Changing Futures partnership have completed the [MEAM Systems Leadership Programme](#) in 2023. They form our first group of 'system agents' who will support system-wide change.

Developing the Leadership Programme in 2024 may form part of our continuing work with MEAM, who suggest a bespoke programme will help shape the development of the Changing Futures work.

This would focus on training and knowledge development for staff across the system and the practical implementation of this learning to support the Changing Futures programme delivery. The programme would be designed locally based on learning from System Enquiries and other system-wide work.

For more detail please see the [MEAM close-down report](#).

Health Check survey

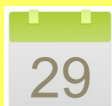


We've been working on a learning health-check to be sent far and wide early in 2024. This will help us assess peoples' knowledge of Changing Futures across Cambridgeshire and Peterborough, providing a baseline to measure progress against.

We will share the on-line survey via email and on our web pages once we have finalized the wording.

What's on?

For a list of events & meetings, click [here](#).



System Leaders group

The group previously known as the Strategic Board has now been re-named the System Leaders group.

The new name follows the formation of Changing Futures' new governance group, which means the Strategic Board (now System Leaders group) can focus on its strategic programme while the governance group will look after funding, outcomes and monitoring.

The governance group has formed to scrutinize the detail of the programme, allowing System Leaders to get on with their work as the 'engine room' of systems change.

At the October 2023 meeting, the System Leaders group looked at

- Proposed changes to governance (outlined above).
- Current system enquiries - feedback on first escalation.
- Involving people with lived experience – lessons learned.
- Involving experts at strategic levels - using the Buddy System.
- Where we all stand on "The ladder of co-production" (see right).

You can find notes of the System Leaders meeting 12 Oct 23 [here](#).

MEAM update

- The national MEAM team has now completed the contract to help set up and recruit the new Changing Futures team, led by Carl Brown.
- Many thanks to Carl and others at MEAM for helping us on our way.
- We will still be supported by MEAM, as we have been since 2010, but we wanted to say a big **thank you** for their extra help over the past year or so.
- Click here to read the [MEAM close-down report](#).

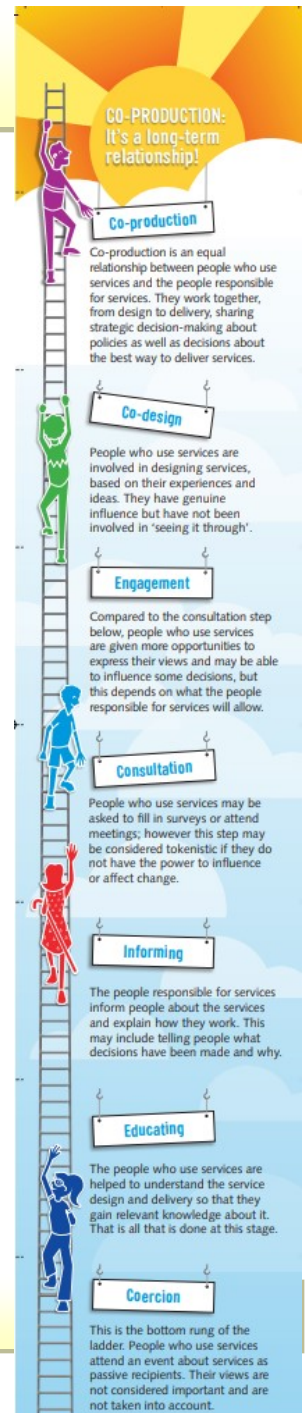
Save the date!

MEAM national conference will be on 22 May 2024. Click [here](#) to find out more!

Get in touch...

You can now:

- E-mail the Changing Futures team at changing.futures@cambridgeshire.gov.uk
- Visit our Cambridgeshire Insight [web page](#).
- Visit the [Making Every Adult Matter](#) website.



The ladder of co-production