

# JSNA 2023 - Summary for East Cambridgeshire

Please also see the Key Facts on the [JSNA 2023 home page](https://cambridgeshireinsight.org.uk/jsna-2023/)

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## *Demography*

In 2021 East Cambridgeshire had a population of almost 88,000 (Census 2021) and had experienced 4.7% growth (an additional 3,950 people) in its population since 2011. The majority of growth was seen in older age bands (3,920 people, 27.4% in 65+), with decreases experienced in 15 to 49 year olds (2,035 people, 5.3% reduction) and under 5 year olds (985 children, 17.9% reduction). East Cambridgeshire is expected to grow at a faster rate over the next 10 years, with around 18.2% more residents by 2031 (an additional 15,940 people). Increases are expected across all age bands, with the exception of 5-14 year olds where it is estimated that there will be 645 fewer children (6.0% reduction) by 2031. The rate of increase in the following ten years is expected to be lower; 4.0% between 2031 and 2041 (4,190 people).

East Cambridgeshire is less ethnically diverse compared to Cambridgeshire as a whole, with 94.5% of residents from a White ethnic group (88.6% for Cambridgeshire); 86.5% are White UK and 6.8% 'other white'. Just under 1 in 7 (14.4%) of East Cambridgeshire's residents were born outside of England: with the most common countries of births being Poland (1.5%), Scotland (1.5%) and the United States (1.3%).

## *Language*

In the 2021 census, 95.1% of East Cambridgeshire residents said their main language was English, with 0.9% of the population reporting that they were not able to speak English well (728 people). After English, the three most common main languages spoken in East Cambridgeshire are Polish, Romanian, and Lithuanian.

## *Life expectancy*

Overall, East Cambridgeshire has relatively low levels of deprivation (IMD 2019 score of 11.5 compared to 13.9 for Cambridgeshire, low being less deprived). However, there are pockets of deprivation within the district.

Life expectancy (at birth) for East Cambridgeshire is 81.0 years for males and 84.8 years for females, significantly higher than the England averages of 79.4 years for males and 83.1 for females. Furthermore, general health in East Cambridgeshire is good with 84.0% of residents reporting that they are in 'good health'. However, 15.9% of people are living with a disability under the equality act (this compares to 84.0% and 16.4% respectively, for Cambridgeshire).

### *Mortality and health conditions*

In 2021, the all-age all-cause mortality rate (860 per 100,000) and premature mortality (263 per 100,000) for East Cambridgeshire were statistically lower than England (1,008 per 100,000 and 363 per 100,000, respectively). The most prevalent conditions, recorded through GP registers, in East Cambridgeshire are hypertension (15.1%), depression (13.4%), and asthma (7.7%). This is compared to 13.1%, 11.7%, and 6.7% for Cambridgeshire, respectively.