

# Changing Futures Cambridgeshire & Peterborough

Newsletter #4 September 2023

Welcome to our 4th newsletter — it's short & sweet with [links](#) to more detail. Depending on your device, either click a link, or press 'Ctrl' and click.

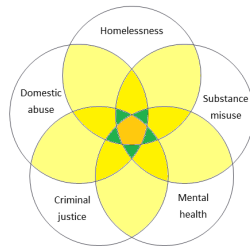


## What is Changing Futures?

Changing Futures is an ambitious new programme involving partnership working to transform how people facing multiple disadvantage are supported in Cambridgeshire & Peterborough. People with lived experience are at the centre of directing the programme. For a catch-up on progress, you can find our newsletters at...

- Newsletter 1 (July 2022) [here](#).
- Newsletter 2 (October 2022) [here](#).
- Newsletter 3 (April 2023) [here](#).

Please do share this note, and [e-mail](#) to get yourself on the mailing list!



Multiple disadvantage: 5 petals

## Leadership academy

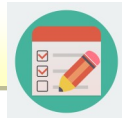
Five people from across the Changing Futures partnership completed the [Making Every Adult Matter Systems Leadership Programme](#) in June 2023.

They form our first 'system agent network' (initially for that group only) to see how the learning can be applied in Cambridgeshire and Peterborough and how 'system agents' can support one another in affecting system change.

The ambition for Changing Futures is to invite more people who want to become system agents to become part of the new network, enabling more system change.

We hope to provide opportunities for the system agent network to upskill and to participate in system leadership training. Watch this space for further updates and how to get involved.

## Health Check



We have been working on a 'learning health-check' that will be sent out to all Changing Futures C&P stakeholders.

This will help us assess the current strength of learning across and within the different levels of our ecosystem and provide a baseline to measure against in future.

Please look out for the health-check, Carl will be in contact about it in late August or early September. The more responses we can get from across Cambridgeshire and Peterborough, the better.

## What's on?

For a list of events & meetings, click [here](#).



## Building the team: recruitment update

Tom Tallon has been recruited as Head of *Changing Futures* and will be advertising 3 new posts. All are fixed term for 18 months. We'd love to see applications from partners already in the multiple disadvantage space. Job share and secondments very welcome. The adverts, going live in September and early October, are

- Coproduction, Inclusion and Involvement Manager [link](#).
- Project Manager.
- Systems Leadership, Learning, and Development.

We will share links to the second two adverts once they have gone 'live'. All will be advertised on this [website](#).

## Trauma Informed System workshop

The room was full of energy and commitment, with positive feedback. It's big a task ahead. Michelle Butterly, Trauma Practice and Educator Lead at London Borough of Camden shared experiences and what has been developed in Camden and Islington over recent years, and some helpful resources. The day led to an enormous amount of ideas, thoughts and information. We are collating these and will be processing all the contributions. You can view our early workings on this [whiteboard](#) (you may need to request access to this).

You can add your comments to the board or alternatively you can send reflections to Tom via [email](#).

A follow up workshop is planned for Wednesday 15 November to explore what we would want from a Trauma Informed Network and how might it work.

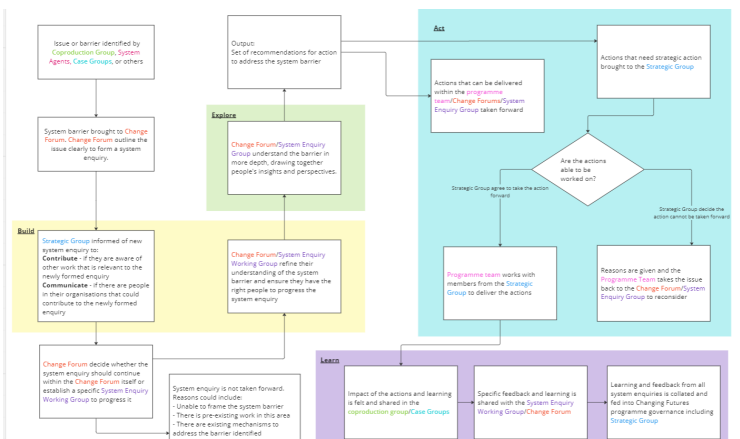
Please hold the date or email [changing.futures@cambridgeshire.gov.uk](mailto:changing.futures@cambridgeshire.gov.uk) for more details.



Full house at the workshop

## The system enquiry journey

A new note sets out our system enquiry journey diagram (below). The journey will vary depending on the enquiry but having a diagram of an "ideal" journey means we can see how enquiries will help us work together to improve outcomes for people with multiple disadvantage, following the *Changing Futures* principles. You can find the full note including the diagram [here](#).



Outline of the system enquiry process: click [here](#) for the miro board

# Imagine a better future: co-production & co-design update

At recent co-production meeting in Peterborough we asked...

- What have been your positive experiences of services?
- What would you change?
- What are the issues & barriers you face at the moment?
- How would you like to be involved to make change?

Some of the emerging themes include

- I need to be able to imagine a better future
- Need for ongoing support when I get moved to independent accommodation



Snapshot of the group's lucid chart, you can see it in more detail [here](#)

## Build-Explore-Act-Learn

We have started using a "miro" board to set out the stage our various enquiries are at, in the B-E-A-L model.

This should be accessible to all to read and comment on, using the comment button...

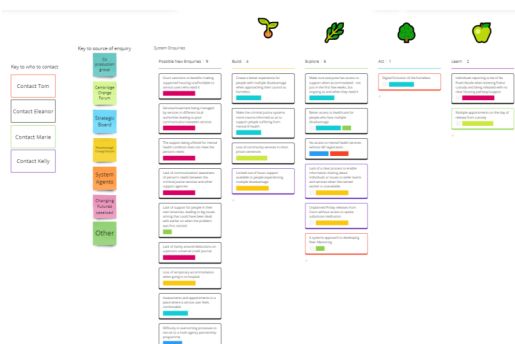
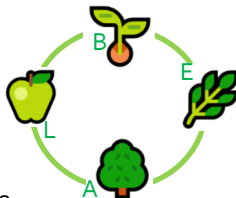
To get you started, click [here](#)

You will see 5 columns of index cards, organized left to right:

1. Possible new enquiries
2. Build
3. Explore
4. Act and
5. Learn.

We are sharing this board because we want to:

- Raise awareness of the various enquiries and the stage each is at, and how they are progressing.
- Get you involved, whether a topic is part of your life or your work, or is new to you but you have something to contribute.
- Make sure the enquiries are inclusive, and to help you get involved by sharing who to contact if you want to get involved.
- Provide a place which makes it easy to find linked documents, miro boards, lucid charts and other materials.



Enquiry summary: click [here](#) for the miro board

- Help us know where existing work is already going on
- Keep track of our progress as Changing Futures progresses.

**Please do take a look!**

- Rules and regulations can stop me in my journey
- Having somewhere to go that I feel safe
- Be unable to communicate my needs and wants
- Services need to work better together for the benefit of the individual
- Long waiting times to get the support I need

Encouragingly there was a lot of positive feedback on support provided by individual services.

The next step is to test the themes with experts by experience, identifying the topics they wish to pursue and what they want to see change. We hope to reach more people as the co-production group progresses and grows, and have learnt that holding the sessions in an open space where people already feel comfortable helps more people get involved.

*"It is also great to have interest and encouragement from staff and volunteers at the service where the session is being held, to increase involvement and aid understanding of the benefits of co-production."* You can read more [here](#).

## Strategic Board update

You can find a note of the July 2023 strategic board [here](#). The note includes links to all the presentation materials.



Strategic Board—one year old!

## New case study: Leon

We have a new case study which was discussed at the Strategic Board.

[Leon's story](#) highlights use of the trusted person approach, including Leon building his circle of trust, and how other people across the system starting to adopt the trusted person approach and apply the lessons learned to help other individuals.

## Trusted person approach

We are hoping to work with partner organisations to see if and how the [Trusted Person approach](#) can be used outside the Change Futures operational groups.

There is a workshop planned for 11 October with the *Streets to Homes* partnership based in Cambridge to explore applying the approach, which has been used by the Changing Futures team for past 18 months. We are keen to work out how best to share it more widely and learn from others.

If you're interested in joining the workshop please contact [tom.tallon@cambridgeshire.gov.uk](mailto:tom.tallon@cambridgeshire.gov.uk) or [sarah.yule@riverside.org.uk](mailto:sarah.yule@riverside.org.uk)

## Get in touch...

You can now:

- E-mail the Changing Futures team at [changing.futures@cambridgeshire.gov.uk](mailto:changing.futures@cambridgeshire.gov.uk).
- Visit our Cambridgeshire Insight [web page](#).
- Visit the [Making Every Adult Matter](#) website.

