

Changing Futures

Cambridgeshire & Peterborough

Newsletter #3, April 2023

Welcome to our third newsletter — it's short and sweet with [links](#) to more details.

What are Change Forums and how do they work?

Change Forums bring a partnership approach to translating individual cases and experiences into wider messages to

- help improve practices and overcome barriers
- share what has worked and could usefully be replicated.

Change Forums will gather, analyse and suggest ways to resolve system barriers. They will also identify areas of good and flexible practice where successful outcomes have been achieved which partners can understand, roll out, share or apply across the system.

Sometimes a Change Forum itself will carry out an Inquiry and sometimes a separate Inquiry Group will be set up, depending on the nature and scope of the issue being tackled.

Peer mentors

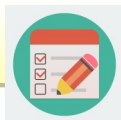
Peer Mentoring has emerged from our operational partnerships and is being investigated by Changing Futures. A small group has formed, including current peer mentors with Change, Grow, Live, to see if there could be advantages to a more systemic approach.

We have some questions as there are gaps in our knowledge:

- ❓ Does your organisation run or plan to set up Peer Mentoring?
- ❓ Do you know anyone else who is?
- ❓ Would you like to work with us to combine efforts and share experiences together?

Health Check

Keep a look out for a 'learning health-check' questionnaire that will be sent out to all Changing Futures C&P stakeholders. This will help us assess the current strength of learning across and within the different levels of our ecosystem and provide a baseline to measure against in future.



MEAM national conference 2023

Maintaining momentum on multiple disadvantage
In-person event at Mary Ward House in London (Euston)



10 May 2023 Tickets cost £99

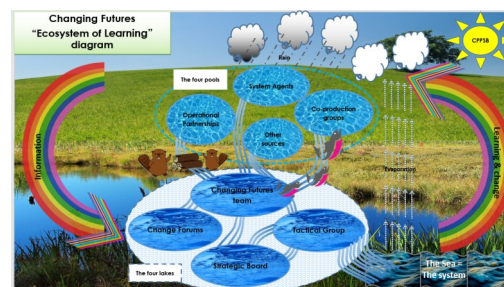


The conference is open to anyone in any role

<http://meam.org.uk/2023/02/07/meam-approach-network-annual-conference-2>

The learning ecosystem

Our partnership approach to sharing learning and making sure it leads to change in our system is set out in this



'ecosystem of

learning'. Positive outcomes can be shared and barriers which need to be overcome or removed are resolved by working as a partnership with people who have lived through these experiences. You can find the full ecosystem and a note explaining it, [here](#).

As with all ecosystems, it will adjust and evolve in future.

Mapping the system

We have started mapping 'the system' around people facing multiple disadvantage and would love your help to populate the map.

Here is a link to the "lucid chart" where we have started work on this. There is a post-it note on the chart for each partner we think might get involved with a person facing multiple disadvantage.

You can help by simply adding a post-it note if you can think of any partners we've left off. This will help us uncover knowledge gaps, intervention points and insights, and establish a clearly specified membership and role for each part of the programme.

Many people have already contributed to the mapping, but we'd love more input. You (and your colleagues) can access the online, interactive 'whiteboard' containing the map [here](#). There are instructions on how to use and navigate the whiteboard.

If you have any difficulties, thoughts, or questions, please do call Carl or Tom (see "contacts" on page 2).



Snapshot of our partner map so far

For a list of events & meetings, click [here](#).

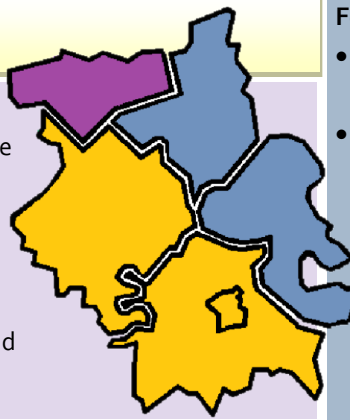
Date to note: 12th July for **Trauma Informed Practice** event - details to follow

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Local progress

Peterborough

- Peterborough have now held three Change Forums, with one Inquiry progressing to the 'act' stage of the process (build-explore-act-learn).
- A pilot is currently taking place, where changes to practice are being trialed at Thorpe Wood Police Station.
- We have also held two co-production groups and interest and involvement from people with lived experience is growing.



Fenland & East Cambs

- Our new case coordinator, Eleanor Robinson, is now in post
- Five people have been referred to *Changing Futures* and four more ready to take to the next case group.
- Change forums have met in Wisbech and Ely for the first time.
- There are plans for a co-production group in Wisbech; initial scoping for this starts in May.

Cambridge, South Cambs & Huntingdonshire

- The Change Forum is at an advanced stage exploring the issue of multiple appointments on release from prison.
- A focus group of people with lived experience has been working with Cambridge City Council on issues faced by homeless people accessing rehab services
- *It Takes a City* have supported the Digital Exclusion group to explore better access for homeless people

Strategic Board update

There was a third Changing Futures Strategic Board held in January, where ideas were shared across a number of

organisations and people with lived experience. You can find notes of the meeting [here](#). One attendee said...

"Attending the Strategic Board reassured me that members of the group are committed to tackling multiple disadvantage and improving outcomes for individuals... Members are aware there are issues and barriers faced by both frontline workers and the people they are supporting. It was great to hear their commitment to addressing systemic issues and investment in services working together to achieve this. Members of the Strategic group were focused, committed and willing to enable long term change and removal of barriers."

Trusted person approach

We have updated our note outlining the trusted person approach, and would like your feedback and questions on the updated note, [here](#).

There is still much to develop but we wanted to share the latest version.

Please do get in touch if you have queries about any aspect of the trusted person approach.

If you share your thoughts and questions with the team, we may be able to answer them in our FAQs so everyone can learn from your curiosity!

Welcome Lisa!

Lisa Riddle, Assistant Director for Communities, Employment and Skills has joined Changing Futures as the strategic lead for Cambridgeshire County Council.

Rob Hill will continue to fill the same role for Peterborough City Council. Lisa says...

"I'm delighted picking up the strategic lead for Changing Futures as the programme aligns closely with our vision for Cambridgeshire to become greener, fairer and more caring in the ways that are most suitable to the variety of people and communities we serve"

Buddy system

Involving people with lived experience is at the core of the Changing Future programme, with the goal that all strategic and decision-making bodies involve people with lived experience. The co production group of experts has explored issues and barriers which can prevent people from contributing meaningfully. From this emerged the "buddy" system. Please click [here](#) to learn more.

Please do get in touch if you would like to learn more or have feedback on the buddy system.

New to all this?

Changing Futures is an ambitious new programme involving partnership working to transform how people facing multiple disadvantage are supported in Cambridgeshire and Peterborough. People with lived experience are at the centre of directing the programme.

For a quick catch-up on progress so far, you can visit previous editions of this newsletter at...

- Newsletter 1 (July 2022) [here](#).
- Newsletter 2 (October 2022) [here](#).

Please do share & [e-mail](#) to get yourself added to the mailing list!

Contacts

Please get in touch! You can e-mail

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Or visit our page at <https://cambridgeshireinsight.org.uk/changing-futures-cp/> - and you can find out more about the national Making Every Adult Matter organisation here [Making Every Adult Matter](#)