**Update on Making Every Adult Matter programme across Cambridgeshire and Peterborough**

Across Cambridgeshire and Peterborough, there are adults experiencing a combination of problems: mental ill health, homelessness, substance misuse, offending and domestic abuse. Facing multiple disadvantage, they have ineffective contact with services. They face problems that exacerbate each other and - lacking effective support - end up in a downward spiral becoming trapped in chaotic lives. Escape seems impossible with no one offering a way out as they do not fit neatly with “the system”.[[1]](#footnote-1)

The principles underpinning the national Making Every Adult Matter (MEAM) programme are that improving the outcomes for people with multiple disadvantage will improve outcomes for services and the wider system - by delivering four visions, to:

* + Embed a **Trusted Person** model which supports people with multiple disadvantage to develop and maintain relationships with people they trust
  + Embed a **trauma informed approach** to support – not just at the front line but for whole organisations to operate in a trauma-informed way
  + Establish mechanics across the system to support **shared learning and address barriers**
  + Embed **co-production and co-design** across the system

There are existing strong foundations for this work locally including established multi-agency operational partnerships; an ongoing and strong relationship with MEAM; a growing co-production group, and our MEAM tactical group driving the work forwards.

The vision for this programme was co-produced as part of our bid to the *Changing Futures* programme. Although reaching the final stage, Cambridgeshire and Peterborough were not allocated funding. However the process galvanised a strong cross-sector partnership and energy, which the tactical group is building on, and which links with the national *Changing Futures* programme via learning and evaluation.

| Work elements | Some anticipated outcomes |
| --- | --- |
| **Part 1:** Build on strong system foundations to strengthen the system at strategic and grass roots levels. This involves:   * building collective understanding * embedding lived experience * establishing learning and feedback loops, practice and data sharing   Through these we can address persistent system barriers to support for people with multiple disadvantage. This part of the work also helps build new and strengthen existing relationships. | * Costs reduced as emergencies are replaced by more planned actions. * Improved planning to support people out of hospital into care or housing in a timely fashion, helping build systems which are truly integrated * Strengthened partnerships on complex issues e.g. domestic abuse, people with no recourse to public funds; using Housing First with Trusted People to build relationships; reducing statutory homelessness via earlier prevention & relief. * Improved outcomes on shared issues such as cuckooing, modern slavery and County Lines * Reduced preventable deaths for people with multiple disadvantage, with more support before crisis point is reached e.g. tackling hoarding to reduce risk of loss of life by fire * System resources targeted and actions timed better to coordinate services, avoiding duplication of effort, aligning with the person’s stated needs; working to align data & records * Input of people with lived experience is heard, valued and acted upon * Individuals only have to tell their story once * Reduced risk of added trauma / deterioration in mental health as people get support from both Trusted People & trauma-informed services * Teams feel less isolated when working with an individual with complex issues and share responsibility with the help of a Trusted Persons coordinator * Barriers are identified, understood, acted on and removed |
| **Part 2:** Using the mechanisms built or strengthened during part 1, address systemic barriers and deliver improved outcomes for individuals and organisations.  Both parts of the work will run simultaneously but are mutually beneficial – the better mechanisms we have to support the system the easier it becomes to address systemic barriers.  Both parts of the work apply to a range of partners from all sectors across Cambridgeshire and Peterborough; whether in urban, market town or rural areas. People with multiple disadvantage are living in all our communities, whether they are struggling to access what they need - or trying to get by without. |

Delivering this work will need some funding. The tactical group are currently looking at the funding need and how much resourcing in kind or seconding existing staff could contribute. We are particularly drawn to seconding existing staff as this will enable sharing learning and support embedding new models across the system in the longer term.

CPSB’s involvement is critical in terms of strategic oversight and problem solving. As a strategic group operating across the system, we invite CPSB to identify opportunities for integration, areas where the system feels more fragmented which this work can focus on, and strategic barriers this work can address.

1. Link to Liverpool research “[What is a good enough life](https://www.researchgate.net/publication/353523006_Summary_Document_What_is_a_'good_enough'_life_examining_the_support_seeking_experiences_of_people_who_have_experienced_homelessness_and_used_drugs_or_alcohol)”, which examines the support-seeking experiences of people who have experienced homelessness and used drugs or alcohol. [↑](#footnote-ref-1)