**Fit for the Future?**

*Fitness, Finance and Forward Planning*

**Thursday 15th September 2016 10.30am – 3.00pm**

***The Links, Sandy Lane, West Runton, Cromer, NR27 9QH***

|  |  |
| --- | --- |
| Name of Person Attending |  |
| Organisation |  |
| Please describe what your organisation does |  |
| Contact Details | Email |  |
| Telephone |  |
| Address |  |
| Do you give permission for your contact details to be included in a shared delegate list? |
| *(Please* delete as appropriate) | YES | NO |
| *How confident are you working with or signposting to other appropriate organisations?* |  |
| *What are you hoping to gain from this event?* |  |
| *Please describe specific dietary and/or access requirements* |  |
| *I would like to attend the Dementia Friends session 3.15 – 4pm* |  **YES NO** |
| *How did you hear about this event?* |  |

**Please return this form to** **admin@futureeast.org.uk** **by Monday 3rd October**

***Please note that we shall be taking photographs on the day that may be used on future promotional material including our website. Please let us know if you would prefer not to be photographed.***

 For more information please contact Susannah Harris at admin@futureeast.org.uk or on 07858 456946